



Extended Services & CAMHS Partnership in Solihull

Case Study – Integrated Youth & Health Programme

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Background

- Solihull has a variety of Integrated Practice
- Case study – Extended Services & CAMHS & Parenting Support Services



Child & Family Support Worker

- Pre 2008 government funding
- School based, all year round
- Access to services and support
- Family and home visits
- Proactive links with Social Care
- Develop a preventative and aspirational programme with CAMHS (AMHS)



Integrated Health Services & Extended Services at a glance

- Good working relationships between CAMHS Consultants and their identified CFSW
- CFSW are Consultees and model integration of services
- Extended Services Patch Leads (own expertise, helps coordinate training and bring networks together)
- Budget of £1000



Child Family Support Workers (CFSW) & CAMHS

- CAMHS funded by Extended Services to mentor and consult CFSW, joint visits
- Enables “CAMHS thinking”
- Identifies families for CAMHS
- Identifies CFSW support for families seen in CAMHS
- Supports families into parenting groups practically and emotionally



Child & Parent Support

- Solihull Approach for professionals
- Solihull Approach Parenting Group CAF level 1-3
- Mellow Parenting CAF level 3,4



Extended Services & CAMHS Partnership in Solihull

- Extended Services funded community transport, lunch & family activities
- Extended Services & link with CAMHS has led to funding a project lead for implementing a treatment model (Dialectical Behaviour Therapy) for parents with Borderline Personality Disorder – new team



Case Example

- Integrated Approach supporting a local family:
- 6 children -3 with Mother and on Child Protection Register
- drugs domestic violence
- Children suffering emotionally, physically educationally
- CFSW invested a lot of time with Mother to build up confidence to attend Mellow Parenting group,
- support her to continue with the group and
- be picked up again by CFSW when group finished



Case Example Outcome

- 3 children are off the Child Protection Register and better relationship with mother staff have noticed huge difference in presentation (cleaner, more organised and less aggressive)
- support work continues
- Developmental trajectory for the children has been altered



Future Plans

- To create 2 further layers of worker:
 1. A Community and Family Mentor Role
 2. An Adult and Community Outreach Worker



Constraints

- 3 year funding – negative & positive
- +ve encouraged to develop a model not reliant on large permanent sums of money
- “Changing hearts and mind philosophy”, Working together, prioritising activity
- -ve time taken to make relationships
- not be “just another good thing that stopped just when it was working”